



Silverlake
MENU
SEPTEMBER WEEK 1 – Back to school

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Breakfast:</u> Bagels Apples Milk	<u>Breakfast:</u> Muffin Peaches Milk	<u>Breakfast:</u> Cereal Banana Milk	<u>Breakfast:</u> Bagel Peaches Milk	<u>Breakfast:</u> French Toast Sticks Apples Milk
<u>Lunch:</u> Hot Dogs Carrots & Dip Applesauce Milk	<u>Lunch:</u> Grilled Chicken Mac & Cheese Green Beans Fruit Cup Milk	<u>Lunch:</u> Turkey or Ham Sandwich Celery & Dip Peaches Milk	<u>Lunch:</u> Chicken Nuggets Slice of Bread Corn on the Cob Fruit Cup Milk	<u>Lunch:</u> Pizza Carrots & Dip Grapes Milk
<u>P.M. Snack:</u> Raisins Milk	<u>P.M. Snack:</u> Teddy grahams Juice	<u>P.M. Snack:</u> Gold fish Juice	<u>P.M. Snack:</u> Ritz Crackers Juice	<u>P.M. Snack:</u> Cheese crackers Juice

****Pizza can be served as an alternative lunch every day.** Please let your child's teacher know if your child wants the alternative lunch for a given day.

*******Even though you have filled out food allergies and dietary requirements on your application, please direct any dietary concerns, restrictions, or food allergies to the main office at (859) 426-7777.

"Reaching for the Stars"